



The Role of Parents/Guardians

Knutsford Harriers and Athletics Club relies on the support of parents to make our club possible. We began as a group of parents who wanted to run with their kids, and wish to retain a family atmosphere, as we grow and broaden our horizons.

To support your child, and their club, we ask that you observe this Code of Conduct:

- Bring your children along to training as often as possible
 - Please ensure they attend the full 60 minutes to make sure they warm up and cool down correctly.
- Please come to the training area to collect your child, so we can see that everyone has been collected safely.
- We train in all weathers – please send your child dressed so that they can enjoy their training session or event, however hot or cold the weather.
- If you have any concerns over your child's experience at the club, please do speak to one of the coaching team, or welfare officer as soon as you can.
 - This includes sporting matters, such as opportunity, ability, technique
 - And welfare issues, including, but not limited to, injury, bullying, safeguarding.
- Encourage your child to enter outside athletics events if they wish. There are opportunities to represent the club at all levels of ability.
- Support the finances of the club by supporting and getting involved in fundraising activities. All monies raised will be invested in coach training and equipment for the athletes to train with.
- As a volunteer group, the only way we can grow the club and improve the training and opportunities for our athletes is to include more adults in our team
 - Sometimes it is not always clear how you can help, but we do need you, and we would be grateful for any time you can give:
 - To be an additional assistant during a training session
 - To help with score keeping/ timing and training or competitions
 - Bring your child along to competitions and events if they want to take part
 - Even train to be a Coaching Assistant. British Athletics run very enjoyable training, and all costs will be covered by the club.
- Please share with us your feedback and suggestions, to help us improve our club for your child.
- Please be aware of the Disciplinary Procedure. Poor behaviour impacts on the enjoyment of the other athletes and their ability to fully participate in planned activities, while a coach deals with bad behaviour:
 - This Procedure exists to maintain a level of respect between adults and athletes at training and events, to maximise the enjoyment of our sport and the opportunities to learn and do well.

- Poor behaviour includes, but is not limited to, bullying or abuse of other children, rudeness to coaches, failure to properly participate in the training activity and other disruptive behaviour.
- The first occasion during a session will receive a verbal warning from a member of coaching staff.
- The second occasion will result in a 'time-out' where the athlete is required to sit out the activity for a few minutes before rejoining the session
- If poor behaviour becomes a recurring problem, a member of coaching team will seek to discuss this further with a parent or guardian to find a solution.
- If no solution can be found, then the athlete may be required to leave the club.